

Milwaukee County Senior Dining MILWAUKEE CHRISTIAN CENTER

807 S 14th STREET

NOVEMBER 2016



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MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
facebook.	Chicken Soup w/Tofu	2 Baked Chicken	Baked Fish w/Asian Herbs	4 Beef Stir-Fry w/Broccoli
RESERVATIONS	Caribbean Vegetables	Steamed Vegetables	Green Beans	Rice
REQUIRED	Rice	Rice	Rice	Garden Salad
PLEASE CALL	Calcium Fortified Juice	Cucumber Salad	Egg Plant Salad	w/Dressing
382-7432	Tropical Fruit Cocktail	Calcium Fortified Juice	Calcium Fortified Juice	Calcium Fortified Juice
30Z-7 1 3Z	Cookie	Fresh Fruit	Orange	Apple
7	ELECTION DAY 8	9	10	
Boiled Pork		Acian Caucago		VETERAN'S DAY
with Mustard Greens	Stir-Fry Ground Pork w/Bean Threads, Bamboo	Asian Sausage Garden Salad	Cingar Doof Stir Ery	Poof Tine 9 Cravy
Rice	& Straw Mushrooms	Rice	Ginger-Beef Stir-Fry Rice	Beef Tips & Gravy Egg Noodles
Calcium Fortified Juice	& siruw musiiruuiis Broccoli	Calcium Fortified Juice		cyy Noodles Cauliflower
Pears	Calcium Fortified Juice	Fresh Assorted Fruit	Mixed Veggies Calcium Fortified Juice	Calcium Fortified Juice
Cookie	Assorted Fruit	Jello Cup	Fresh Banana	Fruit Cocktail
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Roast Pork Loin	Cabbage Roll	Stir-Fry Bok Choy	Meat Loaf w/Gravy	Fried Fish
Mashed Potatoes	w/Ground Pork	with Chicken	Mashed Potatoes	Green Beans
Gravy	Rice	Rice	Green Bean Casserole	Potato Salad
Caribbean Veggies	Broccoli	Calcium Fortified Juice	Calcium Fortified Juice	Buttermilk Biscuit
Calcium Fortified Juice	Calcium Fortified Juice	Fresh Orange	Fresh Apple	Calcium Fortified Juice
Chilled Pears	Fresh Banana	Mini-Cupcake	24	Fruit Cocktail
Baked Pork Chops Garden Salad Sautéed Zucchini Rice Calcium Fortified Juice Mandarin Oranges	Curry Chicken Soup with Rice Noodles & Bean Sprouts Calcium Fortified Juice Fresh Fruit Chocolate Chip Cookie	Baked Chicken Mashed Potatoes Gravy Green Beans Rice Calcium Fortified Juice Fresh Fruit	24 Happy Thanksgiving	
Baked Ham Cheesy Potatoes Brussels Sprouts Rice Calcium Fortified Juice Fresh Apple	Beef Soup w/ Rice Noodles Carrot Coins Chilled Pear Calcium Fortified Juice Chilled Pear	Bratwurst on Bun Fresh Broccoli Side Salad Calcium Fortified Juice Fresh Cantaloupe	Suggested Contribution \$2.5 11:30 LUNCH	GUEST FEE: \$7.00